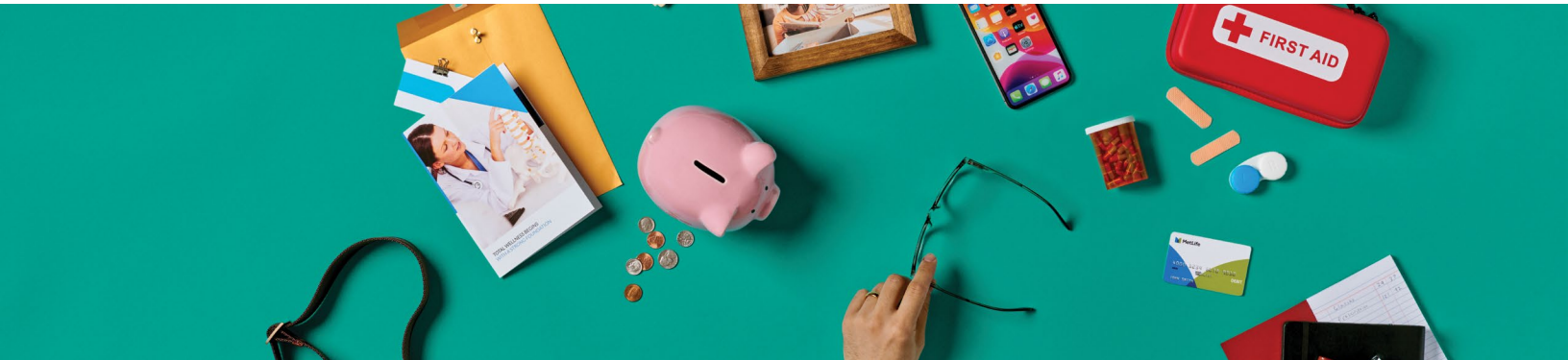


Health Flexible Spending Account (FSA)

# Health FSA Qualified Expense Examples



Use your tax-advantaged Health Flexible Spending Account (FSA) to pay for qualified health care expenses like doctor visits, prescriptions and dental and vision care for you, your family and any dependents.

- Acupuncture
- Adoption
- Alcoholism treatment
- Allergy and sinus medicine
- Ambulance
- Anti-gas products
- Athletic brace support
- Band-aids
- Birth control
- Blood pressure monitor
- Body scans
- Braille books and magazines
- Breast pumps and lactation supplies
- Chiropractic care
- Cholesterol test kit
- Co-insurance (medical, dental, prescription and vision)
- Contact lenses
- Contraceptives
- Cough, cold and flu
- Crutches or canes
- Deductibles for plans (medical, dental, prescription and vision)
- Dental care (non-cosmetic, reconstruction, dentures)
- Diagnostic services
- Drug addiction treatment
- Eye exams
- Eyeglasses (Rx and reading)
- Eye surgery
- Family planning items
- Fertility treatments
- First aid kits
- Flu shots
- Guide dogs
- Hearing aids and batteries
- Hospital services
- Immunizations
- Incontinence supplies
- Infertility treatments
- Insulin and diabetic supplies
- Laboratory fees
- Lamaze classes
- Laser eye surgery
- Learning disability treatments
- Menstrual care products
- Mastectomy-related special bras
- Medical equipment and repairs
- Medical testing devices
- Medical supplies
- Nursing services
- Obstetrical expenses
- Office visits
- Operations
- Organ transplants
- Orthopedic supports
- Over-the-counter (OTC) treatments containing medicine: cold treatments, ointments, pain relievers, stomach remedies, etc.
- Over-the-counter (OTC) treatments without medicine — bandages, wraps, medical testing devices, etc.
- Oxygen
- Physical exams
- Physical therapy
- Prescription drugs
- Prosthesis
- Psychiatric care
- Respiratory treatments
- Removal of benign cyst, mole or tumor
- Sleep aids
- Smoking cessation
- Speech therapy
- Sunglasses (Rx)
- Sunscreen
- Surgery
- Transportation and travel expenses (essential to receive medical care)
- Vasectomy
- Vision products (OTC)
- Weight loss program (to treat a medical condition)
- Wheelchair and walkers
- X-ray fees

## Health Flexible Spending Account (FSA)



### These expenses are typically not treated as qualified expenses.

- Concierge service fees
- Cosmetic Surgery
- Deodorant
- Exercise equipment
- Fitness programs
- Funeral expenses
- Hair transplants
- Household help
- Illegal operations and treatments
- Maternity clothes
- Teeth whitening

There are thousands of qualified expenses you can cover with your Health FSA. Some items may require a Medical Necessity Form or prescription from your doctor.

For a complete list of qualified expenses, go to [IRS Publication 502](#).

### Eligible Expense Scanner

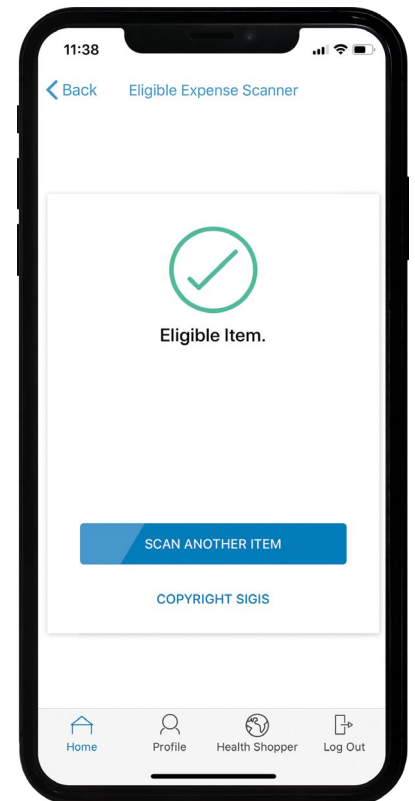
Use the eligible expense barcode scanner on the [MetLife HS&SA](#) mobile app to immediately see if the product is qualified under your Health FSA. It makes using your account easy!

Manage your Health Savings & Spending Accounts on the go! To download, search [MetLife HS&SA](#) on the Apple or Android app store on your mobile device.



This app is designed for your Apple device (including iPhone®, iPad®, and iPod touch®) version 6.0 and higher or Android device, version 2.2 or higher.

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### Questions?

Contact Customer Service at (833) 571-0500

Monday–Friday 8am–8pm ET

<https://HealthSavingsAndSpending.MetLife.com>

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